Handout: Processing the Changes in Physical Education

| **Changes in Teaching and Learning** | **Opportunities** | **Challenges** |
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| Teachers understand the shift toward physical literacy in describing physical education. |  |  |
| Teachers apply motor development concepts to grade-level benchmarks. |  |  |
| Teachers emphasize student motor skill competency. |  |  |
| Teachers create a learning environment that fosters student engagement and intrinsic motivation. |  |  |
| Teachers create a mastery instructional climate that is inclusive and feels supportive to students of all skill levels and gender sensitive. |  |  |
| Teachers implement a lifetime physical activity approach. |  |  |
| Teachers utilize standards-based assessments for students. |  |  |